

# General Rules for Basketball 2017

1. You should notify your CCL Commissioner by November 1, of the current year if you are planning to have basketball cheering.
2. Rosters and medical release forms must be turned in by November 15. You should turn in two copies of the rosters plus medical release forms for any girl who has not already turned in a medical form at camp or for football. Indicate on our rosters with an asterisk any girl who did NOT cheer football.
3. Gym time will be given out after November 15, BUT ONLY after all paperwork has been turned in to the League.
  - a. A late fee may be charged if paperwork is late.
4. The Board of the Chesterfield Basketball League has issued the following: **KICKING THE BLEACHERS IS NOT ALLOWED!!!**
5. Pom Poms are not allowed in the gym.
6. Cheerleaders must be between the ages of 5 and 18. Ages are determined as of 12/31 of the current year.
7. Cheerleaders are not required to fall into the same age groups as the boys they cheer for; however, it is strongly recommended that you not mix the very young girls with the older boys.
8. The age categories for basketball players is as follows:
  - a. Rookie – 7 Years or 8 years.
  - b. Cub - 9 Years and under (Recommend first year players, age 8 or 9, play in this League for one year. 7- year old players not eligible for this Division).
  - c. Bear – 10 Years and under.
  - d. Minor - 11 Years and under.
  - e. Nets – 12 Years and under
  - f. Intermediate - 13 Years and under.
  - g. Junior - 15 Years and under.
  - h. Senior - 18 Years and under.
9. Cheerleaders will have three (3) minutes for their presentations at half time.
  - a. NOTE: No players are to be on the floor or bouncing basketballs during the cheerleader's routines.
    - i. Penalty - Two (2) shot Technical Foul, which will count as a personal and team foul for the offending team.